

Wochenplan SKILLS WEEK BRIG / GRUPPE 1

Periode vom:

Mo 26.02.2018

bis

Fr 02.03.2018

ISR = RESTAURANT

ISA = IISCHI ARENA



Eis Training

Off-Ice

Essen

Meetings

26.02.2018

27.02.2018

28.02.2018

01.03.2018

02.03.2018

03.03.2018

04.03.2018

| | Montag | | Dienstag | | Mittwoch | | Donnerstag | | Freitag | | Samstag | | Sonntag |
|-------|-------------------------------|-----|-------------------------------|-----|-------------------------------|-----|-------------------------------|-----|-------------------------------|-----|---------|--|---------|
| 7:00 | | | | | | | | | | | | | |
| 7:30 | CHECK-IN | ISA | CHECK-IN | ISA | CHECK-IN | ISA | CHECK-IN | ISA | CHECK-IN | ISA | | | |
| 8:00 | | | | | | | | | | | | | |
| 8:30 | EIS TRAINING 08:30 - 09:30 | ISA | EIS TRAINING 08:30 - 09:30 | ISA | EIS TRAINING 08:30 - 09:30 | ISA | EIS TRAINING 08:30 - 09:30 | ISA | EIS TRAINING 08:30 - 09:30 | ISA | | | |
| 9:00 | | | | | | | | | | | | | |
| 9:30 | | | | | | | | | | | | | |
| 10:00 | ESSEN | ISR | ESSEN | ISR | ESSEN | ISR | ESSEN | ISR | ESSEN | ISR | | | |
| 10:30 | | | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | | | |
| 11:30 | EIS TRAINING 11:30 - 12:30 | ISA | EIS TRAINING 11:30 - 12:30 | ISA | EIS TRAINING 11:30 - 12:30 | ISA | EIS TRAINING 11:30 - 12:30 | ISA | EIS TRAINING 11:30 - 12:30 | ISA | | | |
| 12:00 | | | | | | | | | | | | | |
| 12:30 | | | | | | | | | | | | | |
| 13:00 | FREIZEIT / SPIEL (Betreut) | ISA | FREIZEIT / SPIEL (Betreut) | ISA | FREIZEIT / SPIEL (Betreut) | ISA | FREIZEIT / SPIEL (Betreut) | ISA | FREIZEIT / SPIEL (Betreut) | ISA | | | |
| 13:30 | | | | | | | | | | | | | |
| 14:00 | | | | | | | | | | | | | |
| 14:30 | THEORIE | ISA | THEORIE | ISA | THEORIE | ISA | THEORIE | ISA | THEORIE | ISA | | | |
| 15:00 | | | | | | | | | | | | | |
| 15:30 | CHECK-OUT | ISA | CHECK-OUT | ISA | CHECK-OUT | ISA | CHECK-OUT | ISA | CHECK-OUT | ISA | | | |
| 16:00 | | | | | | | | | | | | | |
| 16:30 | | | | | | | | | | | | | |
| 17:00 | | | | | | | | | | | | | |
| 17:30 | | | | | | | | | | | | | |
| 18:00 | | | | | | | | | | | | | |
| 18:30 | | | | | | | | | | | | | |
| 19:00 | | | | | | | | | | | | | |
| 19:30 | | | | | | | | | | | | | |
| 20:00 | | | | | | | | | | | | | |
| 20:30 | | | | | | | | | | | | | |
| 21:00 | | | | | | | | | | | | | |
| 21:30 | | | | | | | | | | | | | |
| 22:00 | | | | | | | | | | | | | |